



EXTRA HOUR SPA

by 25hours hotels

HANDS ON.

pro sleep.

inspired by the indonesian sea malay massage, this exceptional ritual acts in synergy with our tranquillity™ sound and essential oil blend to effectively induce a state of deep rest.

60min. 450

90min. 550

lava stones.

rythmic, warm lava shells used to contour the whole body, massaging to releaving deep seated tension, ideal for anyone suffering with muscular aches and pains.

60min. 585

90min. 685

swedish.

the remarkable and renowned therapeutic gifts of aromatherapy. enjoy the essence of perfectly blended massage techniques, aromatic experience, and drift into an extra hour of relaxation.

60min. 580

90min. 680

deep tissue.

with the combination of balinese techniques and indian spices, deeper layers of muscle tissue are focused on, using a slower, firmer pressure to relieve tension, knots and stiff joints.

60min. 650

90min. 750

mother-to-be.

congratulations! you are living one of the most wonderful moments of your life. as a mother to be treat yourself and enjoy a therapy especially designed to relieve the possible discomfort produced by this happy condition.

60min. 450

100-minute bliss by 25hours.

a combination of lava shell, bamboo massage, stretches and swedish techniques with a touch of mediterranean blend.

100min. 799

twin massage.

twin massage , light to medium pressure with a sweet calming blend.

75min. 650

thai massage.

classical ancient oriental technique, that provides relaxation and achieves well-being through the harmony between the mind and the spirit.

60min. 650

90min. 750

SAVING FACE.

hydra-glow.

combat pollution and cleanse impurities with the detox mask, formulated with chlorella and plant-based charcoal. inspired by japanese quasha massage.

45min. 450

active pureness.

this deep purifying facial with clays rebalances and reduces pores and blackheads. perfect for oily/combo skin types.

60min. 600

super peel.

using a double peel method, trending kabido massage techniques, we customise the perfect anti-aging solution for visible reduction of expression lines, and wrinkles.

75min. 650

BODY LANGUAGE.

moroccan hammam.

the classic style begins with deep cleansing, steam, and exfoliation using our unique black soap infused with eucalyptus for antibacterial benefits. a traditional loofa ensures a thorough cleanse, followed by moisturization.

60min. 590

royal hammam.

the royal hammam is a head-to-toe treatment. it begins with deep cleansing of the skin using eucalyptus black soap, followed by a honey mask, an argan scalp treatment, an express facial, and concludes with shea butter, leaving the skin soft and intensely moisturized.

90min. 700

thermal mud therapy.

double exfoliation with a body brush, sugar scrub and envelope of italian thermal mineral body wrap to detox your body.

90min. 680

3 in 1 hot cold treatment.

three-phase remodeling treatment to treat cellulite. using warm and cool therapies to drain your lymphatic system. effects are visible after just one treatment.

75min. 650

BETTER TOGETHER.

time out for two.

indulge in a head to toe treat for two. the perfect face and body experience beginning with a 30 minute radiance boosting body glow exfoliation, followed by a 60 minute aromatherapy massage customised to your chosen blend and finishing with a 30 minute insta hydra facial to quench your thirsty skin. including late lunch/dinner at the spa.

120min. 2300

hammam & massage.

experience this authentic royal treatment, with deep exfoliation session followed by a special mask, finishing with a 60min massage.

120min. 990

radiant mum-to-be retreat.

relax in our radiant mum-to-be retreat with gentle exfoliation, a hydrating body wrap for toning, and a carefully tailored prenatal massage focused on easing tension. amidst the beautiful chaos of pregnancy, find a tranquil oasis. leave feeling refreshed, pampered, and ready to embrace the joy of motherhood, including a late lunch/dinner at the spa.

120min. 960

ADD-ONS / UPGRADES.

tension buster.

targeting the prime areas of stress and providing profound tension relief with a warm marine massage mud, accompanied by scalp and back massage.

30min. 320

get the glow.

an extraordinary deep cleansing aromatherapy scrub enhancing cellular oxygenation, micro circulation, and skin vibrancy.

30min. 300

eye recovery.

a triple action eye treatment to target dark circles, puffiness and wrinkles, providing immediate lifting and luminosity.

15min. 150

express facial.

quick boost of ahas with double peel method for instant glow and vitality.

30min. 300

gua sha.

experience the ancient art of gua sha therapy taken to new heights as our skilled therapists use a specially crafted stone to gently sculpt and drain away toxins in the face & neck. this upgrade elevates your facial experience leaving you feeling rejuvenated and revitalized.

15min. 70

jacuzzi.

enjoy the jacuzzi after your treatments.

60min. 150

foot massage.

enjoy a soothing foot massage that melts away stress and revitalizes your feet.

30min. 295

wellness by dr. smitha prabhakar at extra hour spa.

mind & sole.

in the mind detox session, the therapist gently works on key points on your head to cleanse stress and tension, restoring clarity. simultaneously, enjoy a relaxing foot massage that grounds your energy and soothes your feet.

60min. 580

stress release therapy.

the facilitator guides you through intuitive techniques, activating key energy points to release embedded stress and foster deep relaxation and clarity.

60min. 450

gut detox therapy.

this session begins with guided breathwork and chest muscle release, followed by an expert abdominal massage. this holistic therapy detoxifies the gut and revitalizes your core energy.

60min. 480

aqua harmony healing.

the session starts with a calming water immersion to relax and release tension. this is followed by soothing sound healing, where vibrations harmonize your energy and promote deep relaxation. (available time slots: 7:30am & 7:30pm)

60min. 580

booking:

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